
Robert Service School Council – Nutrition Policy

Principals

Robert Service School Council believes education, which includes health and nutrition, is fundamental in supporting each student's success.

With this in mind and pursuant to section B (7) of the Yukon Department of Education School Nutrition Policy the following procedures and guidelines have been established in consultation with the principal, parents, staff, students and community members.

This policy will be supported by a toolbox of documents to provide support and flexibility to parents, teachers and administration.

Reference

Department of Education Policy 1025, School Nutrition, available on the Government of Yukon website www.education.gov.yk.ca/policy/index.html.

General Guidelines and Procedures

*Words in **bold** are defined for the purposes of this policy in the definitions section.*

1. The school will follow the Department of Education School Nutrition Policy.
2. This policy will apply to **food provided by the school**, including but not limited to: curriculum based food programming, fundraisers, sporting events, special events that happen at the school, or as part of school activities. This will exclude **rentals**.
3. If the parent or guardian has a prior **food agreement** with the school, it will be honoured above all other policy.
4. The school administration and staff will promote positive nutrition by encouraging students to make healthy food choices through various healthy eating education and current **healthy living initiatives**. Teachers, staff and parents are encouraged to be positive healthy eating role models.
5. The school will provide information to parents on nutrition and healthy eating in the school newsletter and through occasional presentations at the school and visits from dietitians.
6. The school will ensure healthy food choices are made available during school events and celebrations and will balance the use of food with other activities such as crafts or sports etc.

7. The school will not use candies, treats and other foods in the classrooms as rewards and/or routine incentives.
8. The school will provide elementary parents a minimum of **one day notification** prior to administering any food in the classroom. This excludes **"emergency food"**.

Definitions

Food Provided by the school	Includes any food provided by the school during any school run activity or program during school hours, on or off school property, including at lunchtime if the student stays at school. It does <i>not</i> include food provided by the parent or guardian to the student (i.e. lunches and snacks).
Rentals	The use of the school facilities by outside groups or agencies. i.e. Christmas Bazaar
Food agreement	Any written arrangement regarding the distribution of food to a specific child, discussed by the parent with the teacher. The non-consent form can be used as the food agreement.
Healthy living initiatives	Healthy eating and healthy living programs which are not part of the curriculum. I.e. 'Drop the Pop'.
One Day	Notification should occur the day before the event to give families time to plan food choices for the next day. A full 24 hours is <i>not</i> required.
Notification	<p>Scheduled programs Notification for scheduled programs does not have to happen every time food is served. Notification could occur at the beginning of the program with further notification required only if there is a substantial change to the program.</p> <p>Irregular or unscheduled programs Notification should be provided prior to each event. Written notice is ideal.</p>
Emergency food	Food provided by the school on occasional basis where the students usual food is not available – i.e. lost or forgotten lunches, unexpectedly staying at school for lunch break, damaged food, etc.